		THE OUTWARD BOUND TRUST
	Dear	Adventures for life
	Date	
	I am writing this letter in order to remind myself of the ad- had whilst on my Outward Bound course.	ventures l
	Out of all the things we did, my favourite moments were:	
	The things I found most challenging were:	
	My proudest moment was:	
	Some of the things I have learnt are:	
	What I will never forget:	
	From:	
Y		

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